

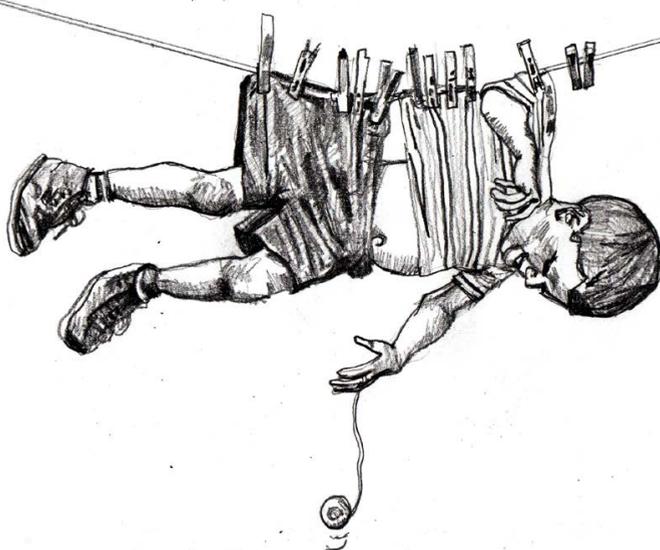


111 RECIPES FOR AN EXTREMELY HAPPY LIFE

by Mileta Poštić



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Dear Reader, I am very
Extremely Happy Life.
an Extremely Happy one
world wide. I get messages
works for them, and how
has worked miracles for

For me, it all
started in February
2012 in Hyde Park
mall in Johannesburg,
South Africa where I
found a book entitled

"Bizarre Books:
A Compendium of
Classical Oddities"
Being a big admirer
of spiritual teachers,
gurus and people who
know better what's good
for you than you do,
an idea was born.

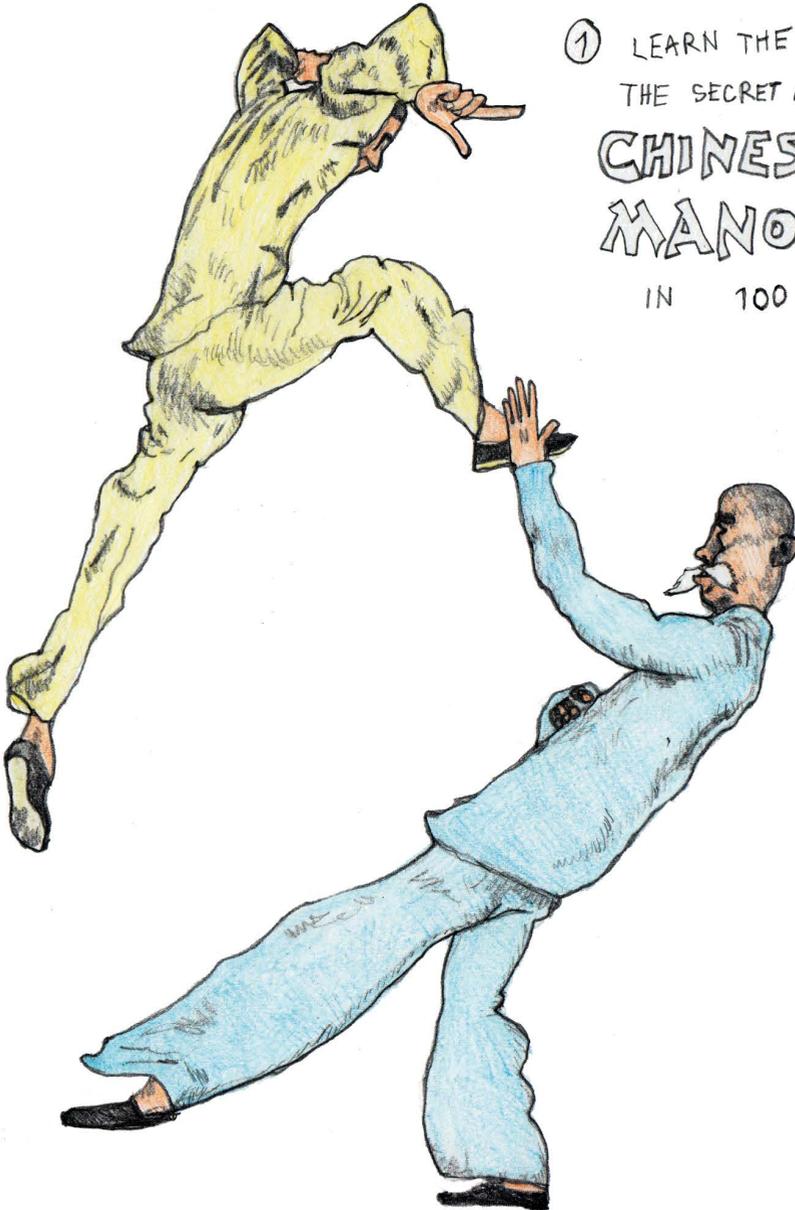
very happy to present to you my Recipes for
I hope they will help you overturn your life into
, as they already have for thousands of people
es daily from recipe users telling me how it
they followed my instructions daily and how it
them making them Extremely happy and fulfilled.



Oh, and
I forgot to
mention, I
look for
excuses
to draw.

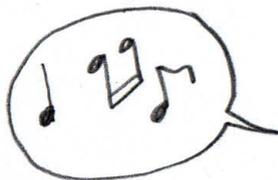
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中國
腿
擊
法

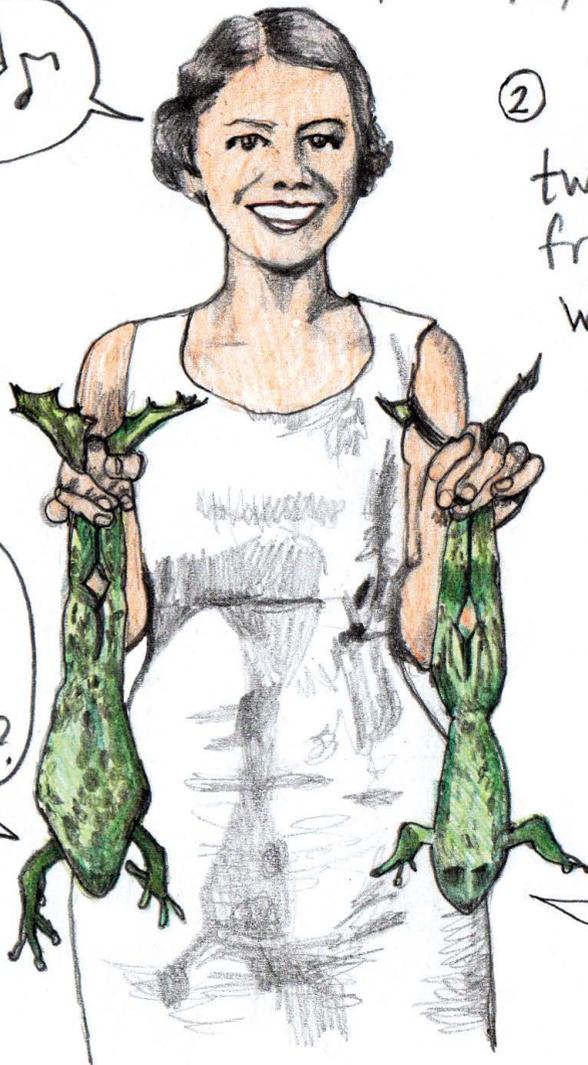


① LEARN THE
THE SECRET ART OF
**CHINESE LEG
MANOEUVRES**
IN 100 DAYS

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Where
have
you
been?



② Befriend
two frogs
from the pond
with sore
backs and
stretch them
3 times a day
for a week.

Oooo, that
feels great!
Don't stop
now.

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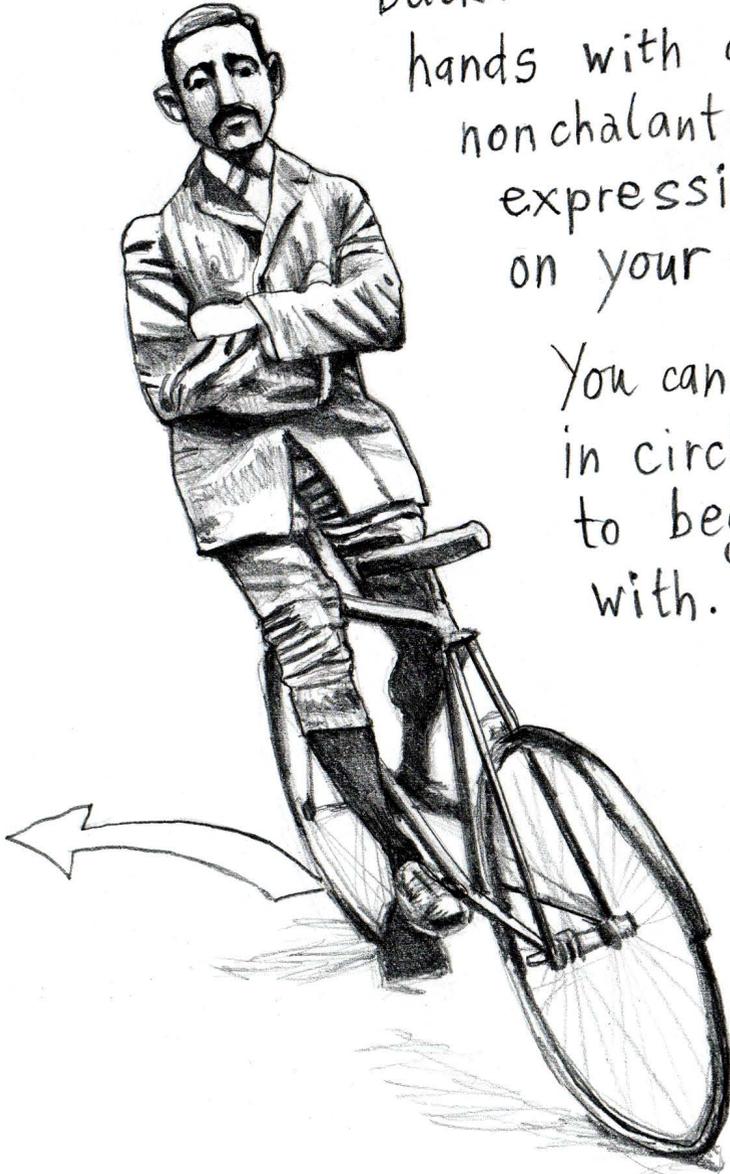
③ Stop complaining about your bed and insomnia and tonight sleep on 3 kitchen chairs.

Increase the weight on your stomach by 20kg until you reach 100kg. If you have bad dreams switch to 10.



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④ Learn how to ride a bicycle
backwards without
hands with a
nonchalante
expression
on your face.

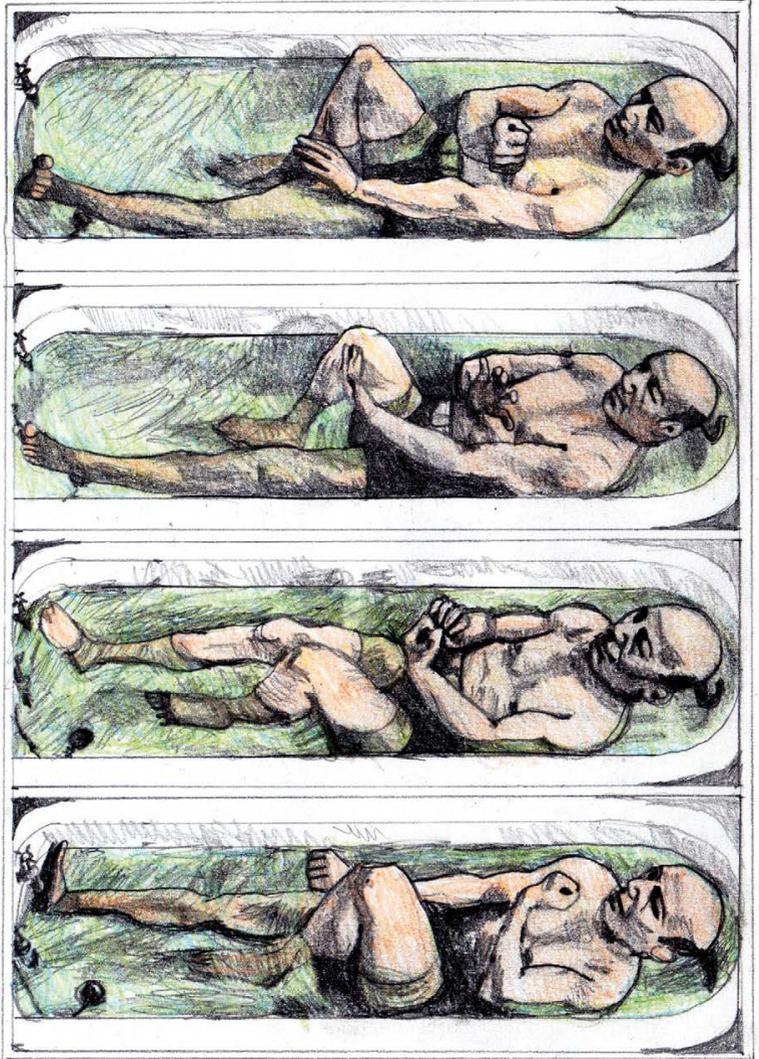


You can go
in circles
to begin
with.

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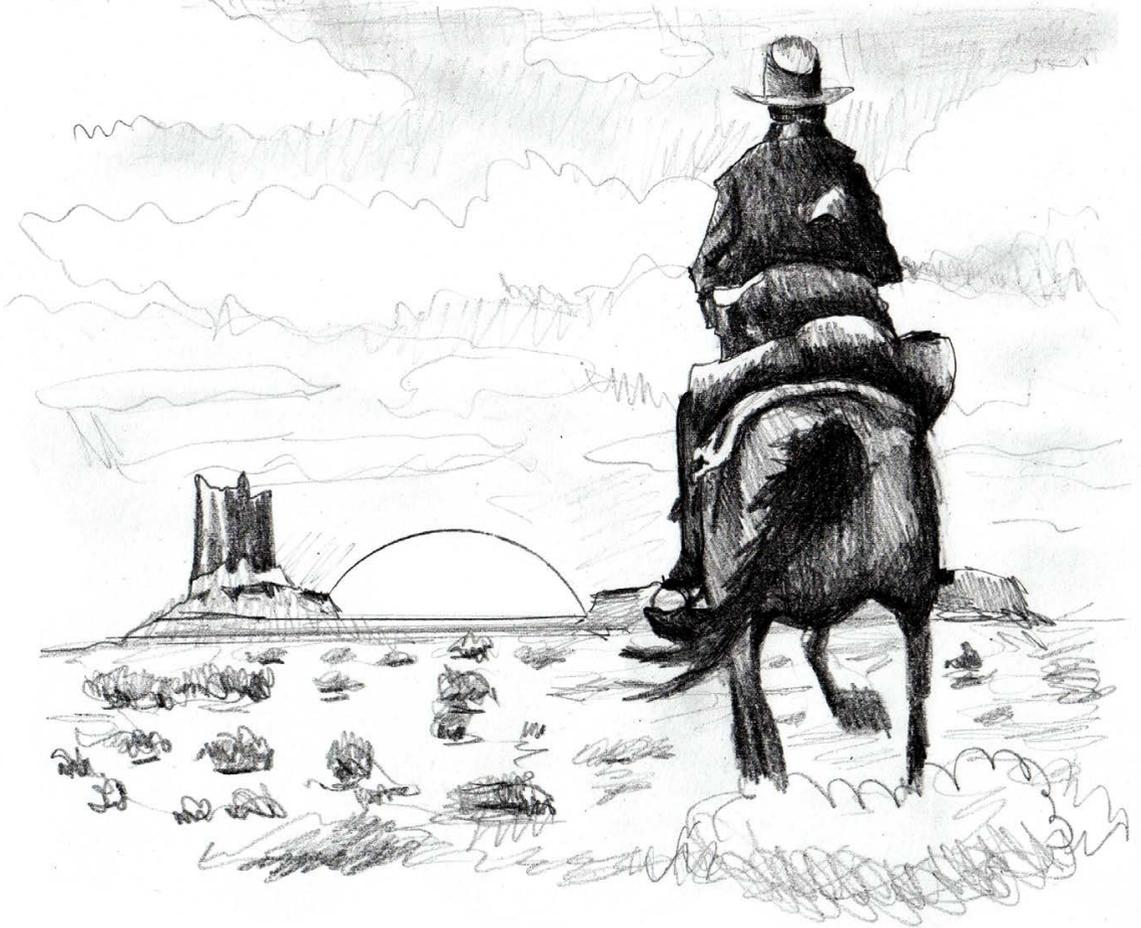
⑤
Get into a bathtub with cold water at 4 o'clock in the morning and exercise for an hour and a half in your favorite bathing suit.

Bend the left leg and show the left fist, and then the right leg and the right fist. Invent your own transitions,



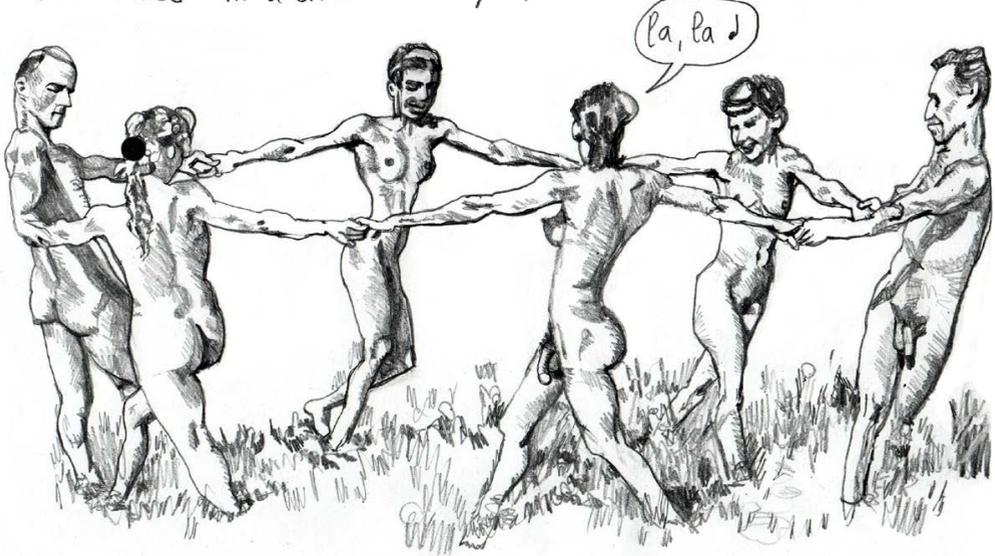
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⑥ Go to the American South West near Mexican border, rent a horse and a cowboy costume, wait for an appropriate moment and ride into the sunset.

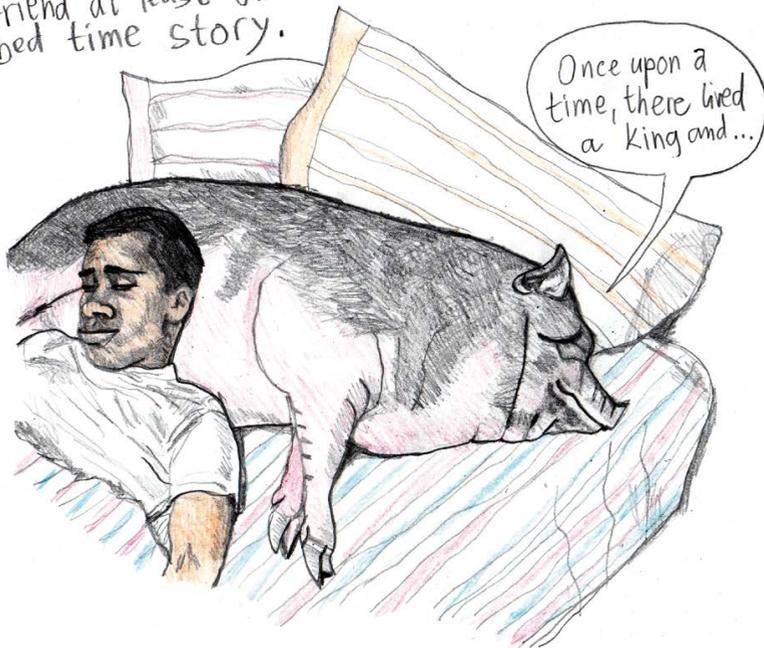


MILETA'S 99 recipes for extremely happy life ⑦

On Monday morning 10AM get out with your colleagues from the office to the closest meadow, hold hands and dance in a circle. Oh yes, take all your clothes off!



MILETA'S 99 recipes for extremely happy life ⑧ Sleep together with your pet friend at least on weekends. And tell him a bed time story.



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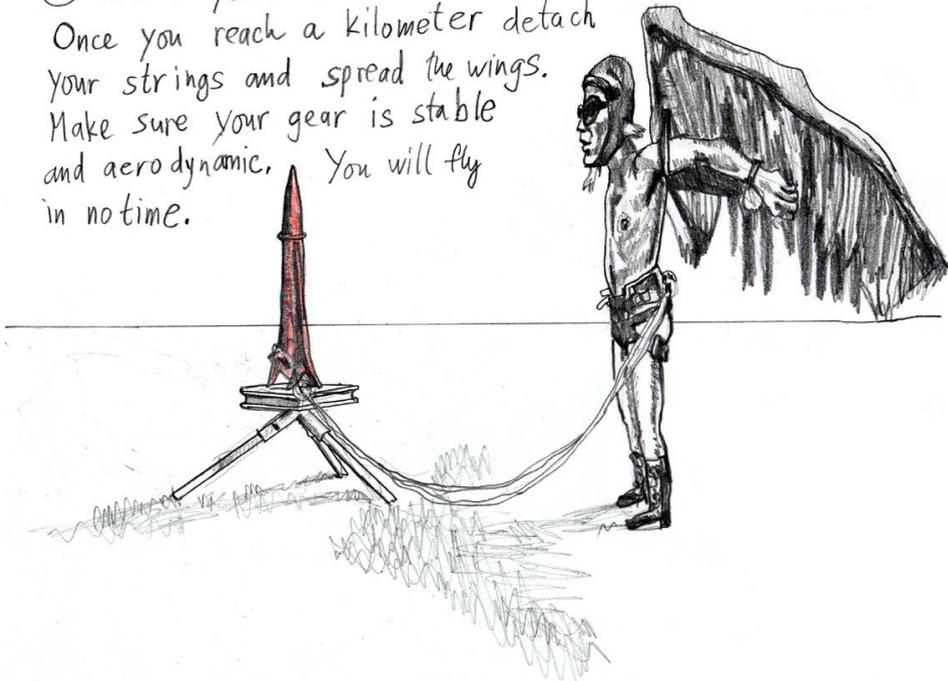
- ⑨ Buy your own little monkey and prepare him/her for some serious auto racing. Persuade all your friends to do the same and dress up for races.



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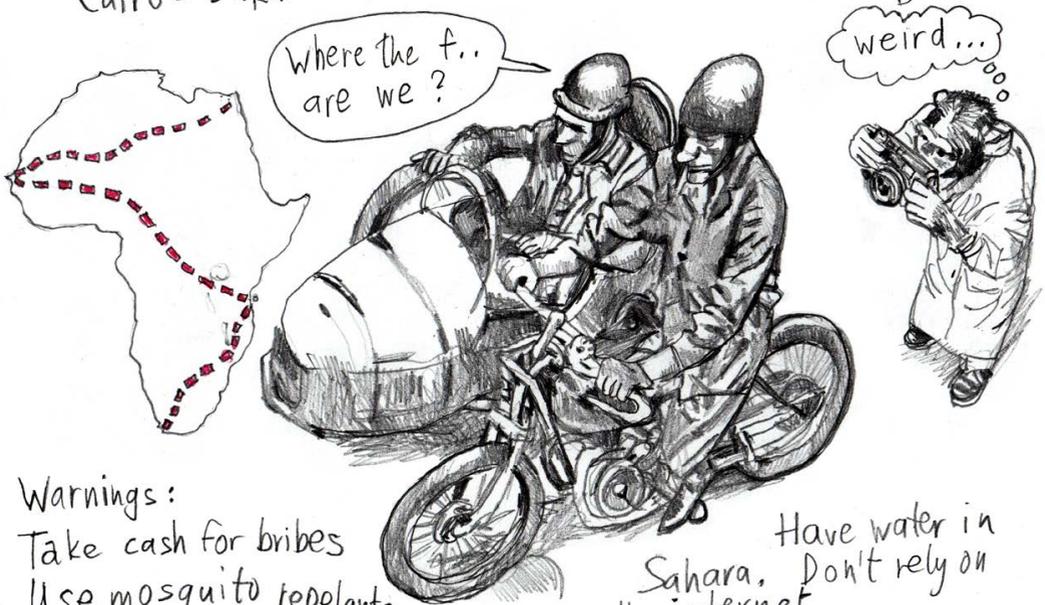
- ⑩ Launch yourself with a rocket into the sky.

Once you reach a kilometer detach your strings and spread the wings. Make sure your gear is stable and aerodynamic. You will fly in no time.



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(11) Attract publicity by traveling with your mechanic on a motor tricycle on the route Cairo - Dakar - Zanzibar - Cape Town in 300 days.



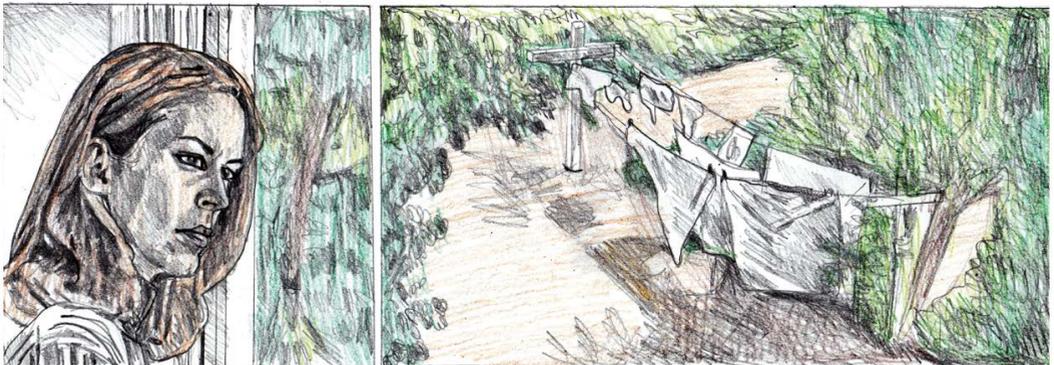
Warnings:

Take cash for bribes
Use mosquito repelants

Have water in Sahara. Don't rely on the internet.

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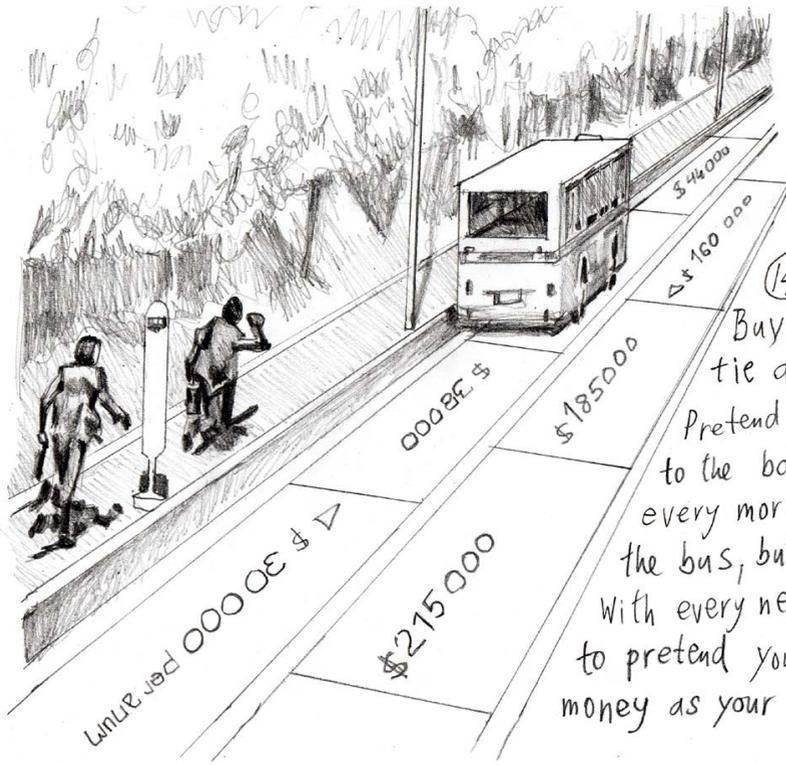
(12) Wait for a sunny and mildly windy day, stretch your bed sheets, go back inside, play Erik Satie's Gymnopédie no. 1-6 and closely observe the movement of the sheets in the wind and their correspondence with the music. Count the moves and look out for patterns. Relax.



MILETA'S 99 recipes for extremely happy life (13) Test your new composition by singing it to all your forest friends. Judge the success

by their reaction



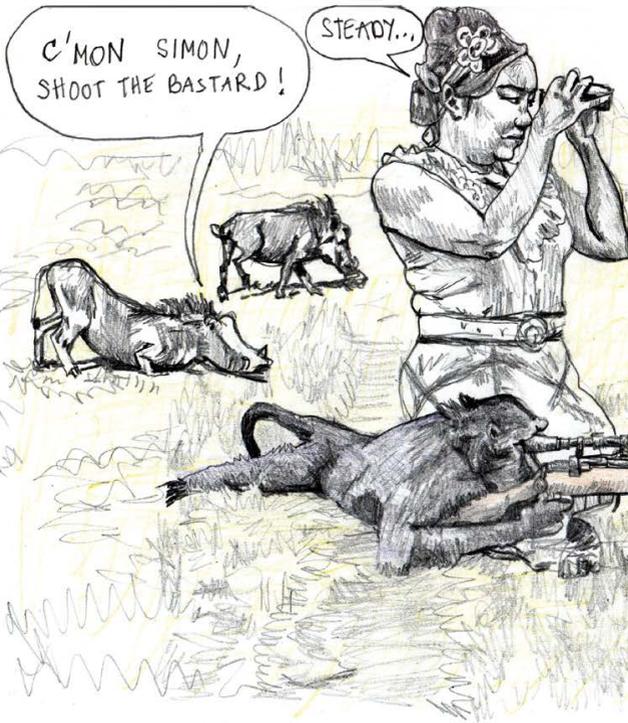


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14.

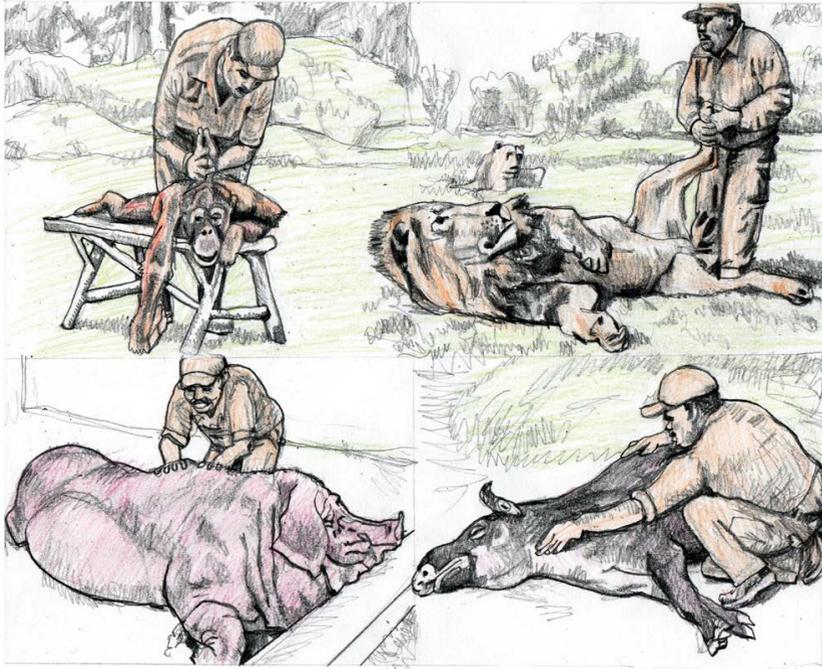
Buy a nice suit and tie and a briefcase. Pretend you go to work to the bank district every morning. Run after the bus, but never catch it. With every new station you get to pretend you make more money as your yearly salary.



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15. Train some talented baboons how to shoot the hunters and defend their society with snipers.

SHUT UP,
I GOT IT!



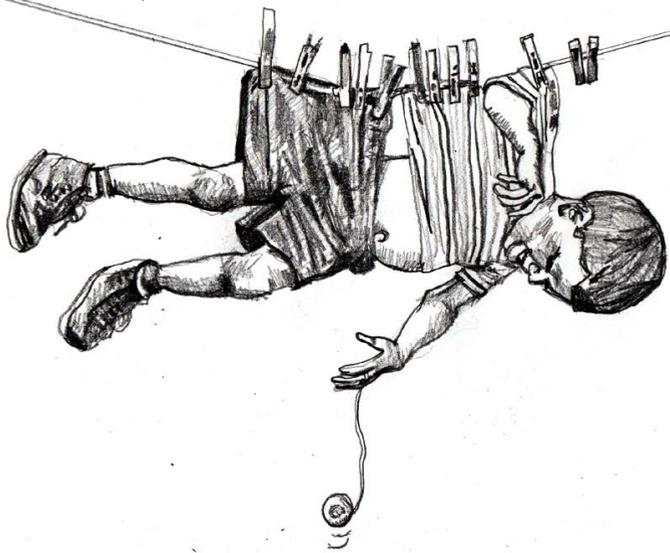
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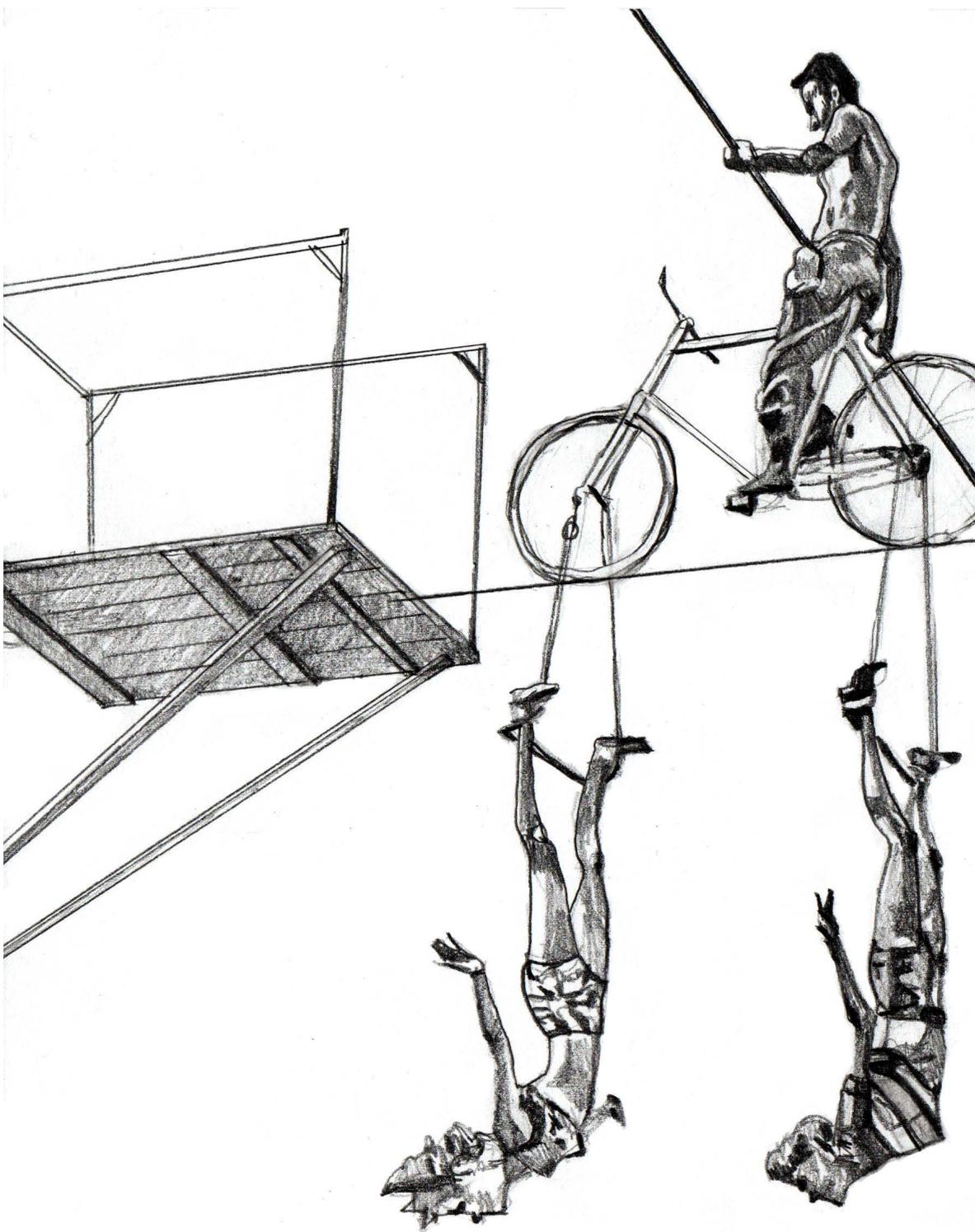
99 recipes for extremely happy life

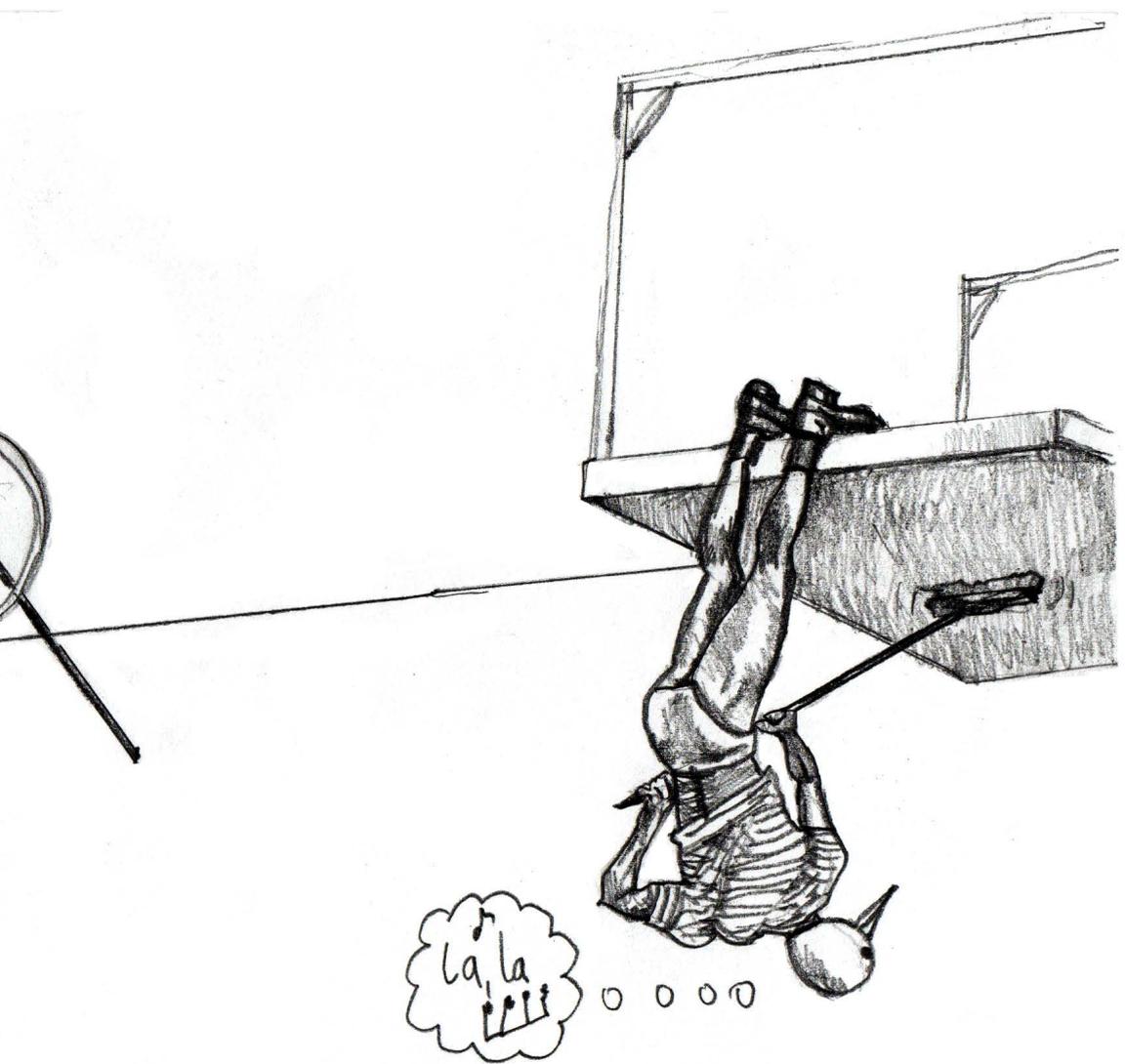
(16) Put your Swedish massage skills to use. Sneak into the local zoo and give a session to every willing orangutan, lion, hog and tapir. Don't let any keeper see you. 45-60 min. each. Give your best, Sneak out. Don't tell anyone later.

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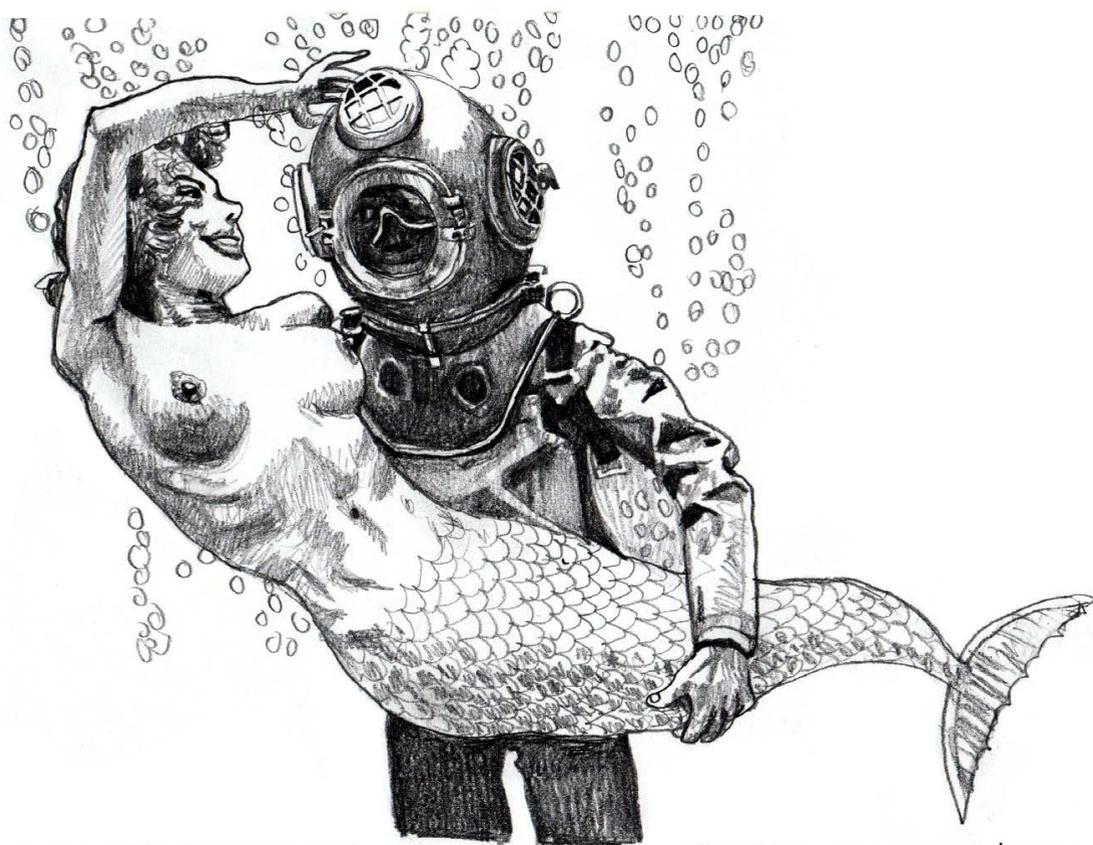
No. (17) If you get wet, dry yourself like laundry. To pass time - play yo-yo.







MILETA'S 99 Recipes
for extremely happy life (18)
Volunteer to clean the bottom of a
local circus diving board. Wear
a bird mask to feel more comfy.



MILETA'S 99 Recipes for Extremely
Happy Life (19) Dive to the ocean's depths
and find yourself a pretty mermaid.

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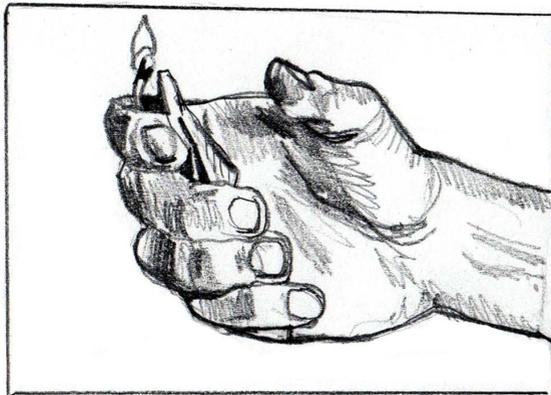
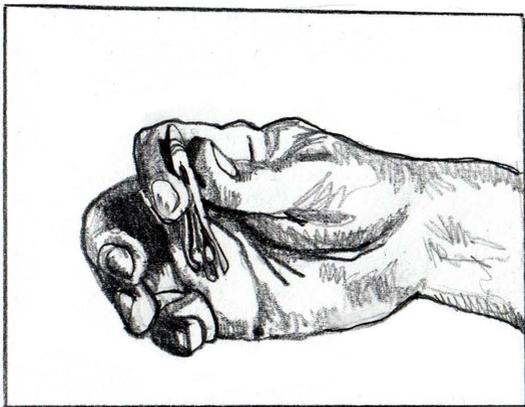
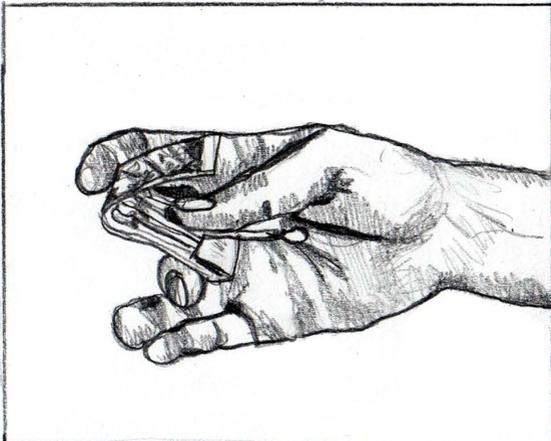
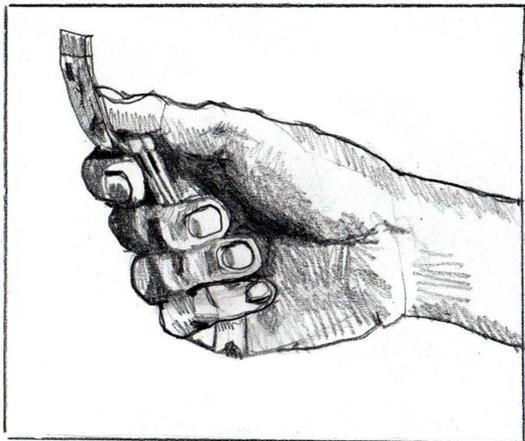
②⑩ Take a stroll with your pets: penguin, lobster and snake. Bring a bodyguard along, not to get disturbed.



MILETA'S 99 Recipes for Extremely
Happy Life (21) Go to South-East Europe and
make a documentary film about fairies and
their rituals. For example the famous dance
around the fire in dusk.



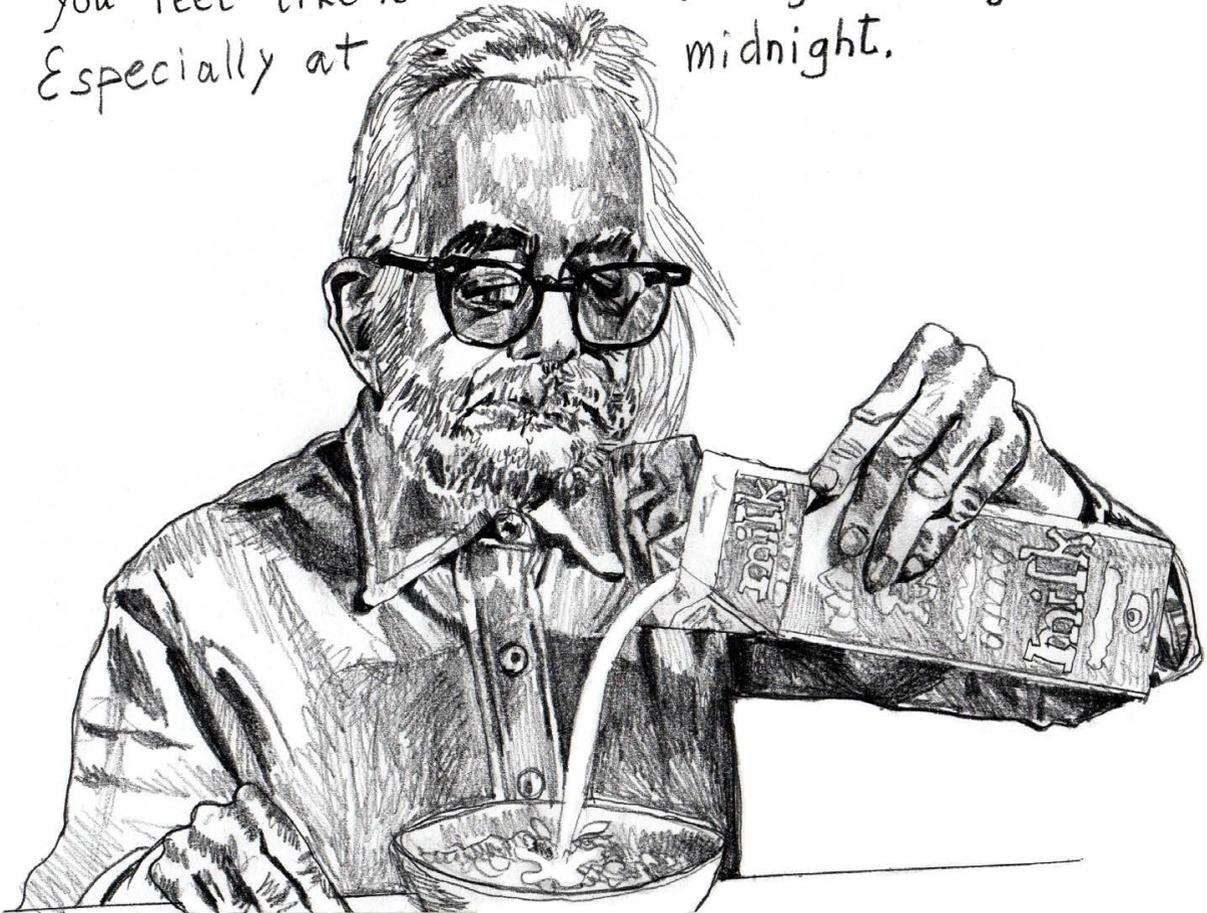
MILETA'S 99 Recipes for Extremely
Happy Life (22) Learn how to light a match
from a matchbook with only one hand. (One-Hand Jobby)



Impress your fellow college students with
an old favorite. It takes 3 days to learn.

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(23) Have a bowl of your favorite cereals whenever you feel like it during the day. Especially at midnight.



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(24) At a party, engage in a friendly conversation with the fellow smoker. Use your body as language and each other's drinks as ashtrays.



If both willing, you can talk about difficulties of quitting the habits